

Mountain Aid

Report and Accounts

31st March 2019

Mountain Aid

Trustees' Annual Report and Accounts for the year ended 31st March 2019
Scottish Charity Number SC040294

Current Trustees

Mr Shaun Rands (Chairman) appointed trustee with effect from 1st April 2018
Mrs Mairi Paterson (Secretary) appointed trustee with effect from 1st April 2018
Mr Robert Jopling (Treasurer) appointed trustee with effect from 1st April 2018
Ms Marguerite Robertson appointed trustee with effect from 1st April 2018
Mr Tony Bradshaw appointed trustee with effect from 1st April 2018
Mrs Karin Helwig appointed trustee with effect from 1st April 2018
Mr Alex Slimon appointed trustee with effect from 1st April 2018
Mrs Jane Kale appointed trustee with effect from 1st April 2018
Mrs Susan Beech appointed trustee with effect from 1st April 2018
Mr Jim Kinnell resigned with effect from 1st April 2018
Mr Jim Willsher resigned with effect from 20th October 2018

Other trustees during the year

All listed Trustees have been Trustees for the entire accounting year.

Contact Address

35 Cooperage Quay, Stirling, FK8 1JH

Registered Address

35 Cooperage Quay, Stirling, FK8 1JH

Recruitment and appointment of Trustees

All of the Mountain Aid Trustees are appointed or reappointed by the members at our annual general meeting. Our next AGM will be held in October 2019 where our members will have an opportunity to elect or re-elect Trustees.

Governing Document

Mountain Aid is a charitable unincorporated association and the purposes and administration arrangements are set out in our constitution.

Charitable purposes

Our purposes, as recorded in our constitution, are:

1. To supply equipment and/or services, not readily available from other sources, to persons injured as a result of a climbing/hillwalking accident to help ease their situation.
2. To supply equipment to mountain rescue teams to maintain or improve upon the efficient performance of their activities, where such equipment is not available from other sources
3. To promote mountain safety awareness in all its forms through free or subsidised education and training.

Activities and achievements

Winter safety Talks

In November 2018, Mountain Aid organised a series of 5 free winter safety talks across the country. Over 300 people attended the talks in Dunfermline, Irvine, Lanark, Dundee and Aberdeen. The talks were delivered by David (Heavy) Whalley of RAF Mountain Rescue fame with assistance from Tayside MRT, Ochils MRT and Aberdeen MRT. Topics covered included clothing/equipment, food/drink, navigation, planning, weather, avalanche and rescue scenarios. Whilst not being able to teach the practical skills required in winter, the talks do serve to educate and raise awareness of the additional demands of winter to the hill going fraternity.

Skills training

In the last reporting year Mountain Aid have provided eleven separate training courses, which were free to the participant. The navigation and winter courses were delivered by a fully qualified and experienced mountaineering instructor, and the first aid course by a fully qualified and experienced outdoor first aid team :

- 6 Confidence with Navigation courses providing 48 training spaces
- 4 Winter Skills courses providing 24 training spaces
- 1 Outdoor First Aid course providing 12 training spaces

The use of a revitalised website, Facebook, improved booking system, and planning a year in advance has helped to ensure that a current 'interest' list is maintained, such that courses are booked very quickly, with little wastage.

Confidence with Navigation:

A one-day practical course aimed at those hill walkers who have previously been guided on their ventures, but want to develop the skill and confidence to proceed on Scottish hills without depending on others. It is designed to replace, re-vitalise and revise rusty skills or gaps in map and compass work with tips, skills and real-time practice.

One of the dates was reserved for exclusive use by Boots and Beards (SC047737) to help them increase their navigation knowledge, and provided some training in group management and leadership in the outdoors. This proved very popular and the course was attended by eight participants.

For the remaining five dates (40 spaces in total) 37 spaces were taken representing a 92.5% attendance rate. Of those taking up training 30 were female (81%), and 7 male (19%).

Winter skills

Aimed at hill walkers who have been active throughout the summer months and want to gain sufficient skills to continue to enjoy our mountains safely in winter conditions with the right equipment and appropriate techniques.

All 24 spaces were attended, representing a 100% attendance rate. Of those taking up training 12 were female (50%) and 12 male (50%)

Outdoor first aid:

The essential "lay person" skills of keeping a casualty alive on the hill, namely : First Aid Kit and what to carry; Introduction to the three Hippos - Hypovolemic Shock, Hypothermia, Hypoglycemia; Fracture basics; Staying safe, Getting found; and Assisting rescue services.

All 12 spaces were attended, representing a 100% attendance rate. Of those taking up training 7 were female (58%), and 5 were male (42%)

Plans for 2019/2020

Navigation courses

Due to the popularity of this course, Mountain Aid has increased the number from six to eight for 2019.

Booking for the courses in 2018 has proven very popular with all spaces taken within four hours of opening. There is a reserve list for each date, and so it is predicted that there will be a 100% attendance rate for 2019.

Winter skills

2019 courses were fully attended with reserve lists of up to 12 people for each date. Given the level of interest in this course Mountain Aid will decide if the 2020 presentation should be increased up to six courses. This decision will have to be balanced against funding commitments, as it costs £480 per two courses.

First Aid

2019 course booking has not opened as yet. Currently the interest list totals 140 people, for only 12 spaces. Given the level of interest in this course Mountain Aid will decide if the 2018 presentation should be increased up to two courses. This decision will have to be balanced against funding commitments, as it costs £520 per course.

Funding for additional courses

With the current interest in courses, especially winter and first aid there is enough interest to increase the numbers of courses provided. However, the cost to Mountain Aid means that if the courses are to be increased then external funding from the Big Lottery or Sport Scotland will have to be considered.

Trustee remuneration and expenses

The trustees did not receive any remuneration or expenses during the year, other than reimbursement of out-of-pocket expenses incurred as a result of their dual role as committee members. These are detailed separately.

Reserves

As a result of a very busy operating year for Mountain Aid, the charity has unrestricted funds of £14,865.72 at the year end, a change of -£2,695.76 in the year.

The Trustees noted the level of the reserves and agreed that they would consider increasing the number and type of courses being offered and they would explore what other support could be offered.

Approved by the Trustees and signed on their behalf

A handwritten signature in blue ink that reads "Robert Jopling". The signature is written in a cursive style with a large, looping initial 'R'.

Robert Jopling
Treasurer and Trustee
28th July 2019

Independent Examiner's Report to the Trustees of Mountain Aid

I report on the accounts of the charity for the year ended 31st March 2019 which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention.

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended), and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations (as amended) have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Kate Baxter CTA.

Kate Baxter
Chartered Tax Advisor
Baxter Accounting and Tax Services
12 Southview Road, Blanefield, Glasgow, G63 9JQ

21 November 2019.

Mountain Aid

Receipts and Payments for the year ended 31st March 2019

	2019	2018
	£	£
Receipts		
Donations	464.62	746.00
Legacies	0.00	0.00
Grants	0.00	0.00
Receipts from fundraising activities		
Navigation Courses	70.50	175.00
Navigation course deposits - refundable	1,085.46	
Winter Safety Talks	1,311.25	818.20
Total receipts from fundraising activities	2,467.21	993.20
Gross receipts from trading	0.00	0.00
Receipts from investments, other than land and buildings	0.00	0.00
Rent from land and buildings	0.00	0.00
Gross receipts from other charitable activities	0.00	0.00
Proceeds from sale of fixed assets	0.00	0.00
Proceeds from sale of investments	0.00	0.00
Total Receipts	2,931.83	1739.20



Robert Jopling
Treasurer and Trustee
28th July 2019

Payments	2019	2018
	£	£
Expenses from fundraising activities		
Refundable course deposits	(426.50)	(0.00)
Dundee Mountain Film Festival presence	(0.00)	(20.00)
Winter Skills Courses	(0.00)	(960.00)
Winter Safety Talks	(1000.00)	(825.00)
First Aid Courses	(553.00)	(553.00)
Navigation Courses	(1980.00)	(1,020.00)
Mountain Safety Day 2017	(0.00)	(28.98)
Total expenses for fundraising activities	(3959.50)	(3,407.48)
Gross trading payments	(0.00)	(0.00)
Investment management costs	(0.00)	(0.00)
Payments relating to charitable activities		
Consumables (paper etc)	(937.20)	(0.00)
Identity	(71.93)	(87.79)
Auditing	(0.00)	(17.95)
Venue hire for AGM	(0.00)	(55.00)
Total payments relating to charitable activities	(1009.13)	(160.74)
Donations to like-minded organisations		
C n Do Scotland	(0.00)	(320.00)
Total donations to like-minded organisations	(0.00)	(320.00)
Governance costs	(0.00)	(0.00)
Purchase of fixed assets	(0.00)	(0.00)
Purchase of investments	(0.00)	(0.00)
Total Adjustments	(0.00)	(0.00)
Total Payments	(4968.63)	(3,888.22)
All funds are unrestricted		

Approved by the Trustees and signed on their behalf



Robert Jopling
Treasurer and Trustee
28th July 2019

Mountain Aid

Statement of Balances as at 31st March 2019

	2019	2018
	£	£
Opening Balance -Bank of Scotland	17,561.48	19,710.50
Opening Balance -PayPal	0.00	0.00
Total	17,561.48	19,710.50
Total receipts in year	2,931.83	1,739.20
Total payments in year	(4,968.63)	(3,888.22)
(Deficit) / Surplus for year	(2,036.80)	(2,149.02)
Closing Balance -Bank of Scotland	14,594.08	17,561.48
Closing Balance -PayPal	930.60	0.00
Total	15,524.68	17,561.48
Liabilities		
Accounts payable	(0.00)	(0.00)
Course deposits to be refunded	(658.96)	(0.00)
Total liabilities	(658.96)	(0.00)
Unrestricted funds at end of year	14,865.72	17,561.48
Change in unrestricted funds in year	(2,695.76)	(2,149.02)
Assets		
Computer Software	250.50	250.50
Equipment (for fundraising events)	113.39	113.39
Identity (banners, display stands etc.)	317.25	317.25
All assets are considered to be worth cost-value due to their condition and/or nature.		

Approved by the Trustees and signed on their behalf



Robert Jopling
Treasurer and Trustee
28th July 2019

Mountain Aid

Committee Expenses for the year ended 31st March 2019

	2019	2018
	£	£
Alex Slimon	(0.00)	(55.00)
(Andrew Gibson)	(0.00)	(0.00)
(Jim Kinnell)	(0.00)	(0.00)
(Jim Willsher)	(43.15)	(134.72)
Marguerite Robertson	(0.00)	(104.80)
(Sarah Bennett)	(0.00)	(11.60)
Shaun Rands	(0.00)	(0.00)
Susan Beech	(0.00)	(0.00)
Mairi Paterson	(0.00)	(0.00)
Karin Helwig	(0.00)	(0.00)
Robert Jopling	(28.78)	(0.00)
Anthony Bradshaw	(139.20)	(0.00)
"Expenses" are solely to cover financial outlay for purchases. There are no expenses paid for services.		

Approved by the Trustees and signed on their behalf



Robert Jopling
Treasurer and Trustee
28th July 2019